

WAVERLY HEIGHTS ALZHEIMER'S WALK NOVEMBER 8th THROUGH NOVEMBER 12th



**ALZHEIMER'S
ISN'T
STOPPING.
NEITHER ARE
YOU.**

TAKE THE EXTRA STEP WITH YOUR FELLOW RESIDENTS AND STAFF MEMBERS TO JOIN THE FIGHT AGAINST ALZHEIMER'S. YOUR PARTICIPATION MAKES A DIFFERENCE IN THE LIVES OF THOSE FACING ALZHEIMER'S TODAY AND IN THE FUTURE.



The Waverly Heights Diversity Committee is proud to sponsor our first Alzheimer's Walk which will take place on our campus from Monday, November 8th through Friday, November 12th. Walks will be guided; there will be mile long & half mile long walking routes marked in several places. Sign up sheets will be posted in the Fitness Center, Resident Services Bulletin Board and the Outpatient Entrance. Fitness Center options will also be available; these activities will count towards the walk. If you have any questions, please call Constance at x8632 or Grace at x8755.

✿ SHOW YOUR SUPPORT BY WEARING PURPLE ✿