



December 3, 2021

Dear Residents and Employees,

There are currently no residents or employees who are positive for COVID-19. However, we are beginning to see an uptick in exposure of residents and employees to people from outside Waverly Heights who are testing positive. We are working closely with our Medical Director, Dr. Breish, in updating several procedures. Please note that anyone who has a known exposure will be immediately tested, and tested again seven days later. Any resident who has an exposure will need to quarantine for ten days regardless of test results. Please notify the Wellness Center at ext. 8746 immediately if you have had a known exposure or if you are symptomatic.

The Montgomery County positivity rate is now at 7.61% as of Friday, November 26<sup>th</sup>. The Main Line Health System reported an alarming increase in COVID-related hospitalizations across their four hospitals. As of this past Tuesday there were fifty-seven inpatients with seven cases in the Intensive Care Units. We would like to remind everyone that our best defense against getting infected are to follow these guidelines:

- Please be sure to get your booster shot. Another clinic with Eric's Pharmacy will be held at Waverly Heights **on Tuesday, December 14<sup>th</sup> from 10:00 am to 11:30 am** in the Auditorium. Booster shots are also readily available at most pharmacies like CVS, Walgreens and Eric's. Appointments can easily be made online.
- Wear your facemask properly covering nose and mouth.
- Strongly consider only surrounding yourself by people who have been vaccinated. Children over the age of 5 are now eligible to be vaccinated, please check their vaccination status when deciding to visit.
- Practice social distancing as much as possible.
- Wash hands frequently.

As a reminder, just because you are vaccinated does not mean you may not get very sick with COVID-19. The health status of each individual clearly plays a role in outcomes for individuals battling COVID-19 regardless of vaccination status.

At Waverly Heights we will continue to require individuals visiting our residential areas to be fully vaccinated. Please continue to refrain from inviting unvaccinated individuals to the community if possible. Regarding the Holiday Bazaar, please instruct your guests that they will be required to provide their proof of vaccination upon check-in at the wellness kiosks for entry into Carlton Commons. Also, we will continue to require masking indoors at all times with the only exception being while eating/drinking.

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For those traveling internationally: Residents are required to be tested upon return to the United States and again seven days later. Employees must be tested at least 48 hours prior to returning to work and be tested again seven days later.

Finally, please be sure to get your flu shot as soon as possible. We are pleased that 100% of our employees have received the flu shot as required by Waverly Heights policy. We strongly encourage all residents to receive their flu shot and notify the Wellness Center at ext. 8746 so they can make note in the clinical record.

Thank you for all you are doing in our ongoing battle against the pandemic.

Sincerely,

A handwritten signature in blue ink that reads "Thomas P. Garvin". The signature is written in a cursive style with a large, stylized initial 'T'.

Thomas P. Garvin  
President & CEO