



January 20, 2022

Dear Residents and Employees,

Over the past week we have seen some encouraging trends in the number of cases at Waverly Heights. As of today, the number of residents who remain positive are down to six, with one in Muirfield and five in Windsor. There is currently one Waverly Heights' contract employee who is in quarantine and there are no employees of Waverly Care who are currently positive. We also are happy to inform you that the Waverly Care employee who was hospitalized has been discharged and is doing well.

We continue to see mostly mild to moderate cases thanks to the excellent compliance with vaccinations and boosters by both residents and employees. The booster mandate deadline for employees is on Tuesday, January 25th or as soon as they become eligible based on booster administration guidelines.

Surveillance testing of all residents and direct care employees continues to occur every three to seven days in the Health Care Center until we go fourteen days without any new positive cases. Our goal is to identify cases as soon as possible in order to properly quarantine individuals to prevent the spread of the virus.

On the Main Line Health conference call this week, they indicated that the hospitals are holding off on performing elective surgeries due to the very high volume of COVID-19 cases coupled with severe staffing challenges due to staff cases. They reported that there were 272 inpatients in their hospitals with 99.5% of them being the Omicron variant. The most telling statistic from this week's call was that 92% of the hospital admissions since January 1, 2022 were not boosted with the vaccine, making the very strong case that the booster is highly effective in preventing hospitalizations and severe illness.

We will continue to operate under our current guidelines for programs, dining and visitation in the Independent Living community. For everyone's safety, we evaluate these guidelines on a daily basis and will adjust them based on case counts in and around our community. In the Health Care Center, we will keep the dining rooms closed and limit group programming until our medical team is confident it is safe for them to reopen.

Again, following the guidelines below are our best defense against becoming infected:

- Everyone should receive a booster.
- Limit visitation for the time being.
- Avoid large crowds, especially where vaccination status is unknown.
- Strongly consider only surrounding yourself by people who have been vaccinated. Children over the age of 5 are eligible to be vaccinated, please check their vaccination status when deciding to visit.
- Practice social distancing as much as possible.
- Wear your facemask properly covering nose and mouth; frequently wash your hands.
- Notify the Wellness Office at ext. 8746 if you are not feeling well.

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Thank you to everyone for all you are doing to assist in managing through the most recent challenges this pandemic has placed before us. It is truly a team effort of residents and employees that has resulted in the success we are seeing at Waverly Heights and Waverly Care.

Sincerely,

A handwritten signature in blue ink that reads "Thomas P. Garvin". The signature is written in a cursive style with a prominent initial 'T'.

Thomas P. Garvin
President & CEO